

# PRESS RELEASE:



## PHARMACEUTICAL SOCIETY OF BOTSWANA

# ASK YOUR PHARMACIST ABOUT COVID-19



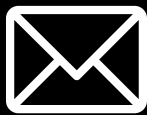
Pharmacists, like other frontline healthcare professionals, are risking their lives for the well-being of their patients during COVID-19 pandemic. Here is what you can do to protect them:

1



If you are not feeling well, **DO NOT** visit the pharmacy. Arrange for delivery, or have someone else pick up your medication.

2



Try calling or emailing the pharmacy before visiting for a quick pick up of your prescription medications.

3



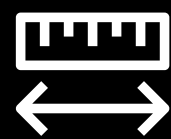
If you do get into a pharmacy, avoid the unnecessary touching of merchandise, counter, payment machine and other store items.

4



Wash your hands regularly with soap or use hand sanitizer before going to the counter.

5



Exercise social distancing by avoiding physical contact with your pharmacist and technicians. Keep a distance of a metre or more from staff and other visitors.

6



These are challenging times for all of us. Be patient with your pharmacist and their staff.

7



If you think you have COVID-19 symptoms, self isolate immediately then call the following numbers for assistance: 997, 991 or 391 2282.